

III Trail de Santa Iria 2015

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25 de Janeiro de 2015

Organização:

Associação Branzelo Ativo (ABA)

Comissão de Festas Santa Iria 2015

Cronometragem by

Run4Fun.pt



Classificação geral Trail - 37km

Veterano masculino mais de 50 anos trail

P.Cat.	Nome	Clube	Tempo
1	FERREIRA, JOSE	Individual	5:17:50
2	Capela, José	MINHO AVENTURA	5:24:34
3	lopes, alipio	Individual	6:03:59
4	Natividade, Carlos	Paredes Aventura	6:08:48
5	MOREIRA, PAULO	Individual	6:20:03
6	Meneses, Mário	Individual	6:36:24
7	sousa, José	os barriguitas	7:35:12
8	Sampaio, Manuel	Individual	8:16:20
9	SOARES, MÁRIO	TOU QUE NEM POSSO	9:02:04

Veterano feminino mais de 40 anos trail

P.Cat.	Nome	Clube	Tempo
1	Sousa, Lucinda	Gondomar Futsal clube	4:54:04
2	Travessas, Sandra	Turbulentos	6:16:53
3	González, Margarita	Individual	6:19:19
4	Madureira, Flor	Leões do Veneza	6:26:50
5	Santos, Paula	All About	7:24:24
6	FARIA, MANUELA	PORTOCARGO	7:26:40
7	Oliveira, Paula	Individual	7:45:08
8	Fernandes, Alexandra	Individual	8:16:21
9	ALVES, FERNANDA	TOU QUE NEM POSSO	9:02:03
10	ARAÚJO, ISABEL	TOU QUE NEM POSSO	9:02:03

Veterano masculino mais de 40 anos trail

P.Cat.	Nome	Clube	Tempo
1	Coelho, David		4:12:08
2	Marques, Pedro	Paredes Aventura	4:20:07
3	Carvalho, Diogo	Nast	4:46:30
4	Carvalho, António	CCDTCM Gondomar	5:07:55
5	Faria, Joaquim	Clube Spiridon de Gaia	5:08:54
6	Gomes, Paulo	No Tomorrow Running Team	5:25:46
7	Amores, Alberto	Individual	5:38:12
8	Silva, César	Os Rompe Solas	5:40:52
9	Figueiredo, Telmo	Individual	5:41:02

10	Maia, Jorge	Budeguita Runners	5:41:54
11	Anjos, Jorge	Individual	5:42:35
12	NUNES, JOSÉ	USGUNAS	5:43:45
13	Silva, Jose	Not Run Alone	5:48:56
14	Teixeira, Eduardo	HP	5:51:13
15	RODRIGUES, JOSÉ	TROCOPASSO RUNNERS	5:56:33
16	Sousa, Pedro	Individual	6:00:08
17	Domingues, Paulo	All About	6:01:23
18	Sá, Luís	Individual	6:02:42
19	Verraest, Lieven	Individual	6:14:07
20	Silva, Nuno	Turbulentos	6:15:29
21	Machado, Paulo	Individual	6:19:43
22	Gonçalves, Luis	Individual	6:19:43
23	LEÇA, LUIS	TROCOPASSO RUNNERS	6:26:49
24	Silva, Joaquim	Individual	6:27:06
25	Silva, Adelino	CCD-Siemens	6:32:10
26	Santos, Jose	Individual	6:33:03
27	NAVEGA, CARLOS	SEM ROTA	6:40:16
28	Sousa, Paulo	All About	6:41:04
29	BARREIRO, DAVID	Individual	6:41:27
30	Lucas, Paulo	Individual	6:47:03
31	Fernandes, Rui	Individual	6:50:20
32	Ferreira, Mário	ADEFACEC / VC Máquinas e Ferramentas	6:51:14
33	Neves, José	Voleibol Runners	6:54:59
34	Brandão, Manuel	All About	6:55:36
35	Martins, António	Individual	7:01:17
36	Martins, Carlos	Individual	7:01:26
37	Correia, Elísio	HP	7:11:21
38	pacheco, jose	ALL ABOUT	7:11:31
39	Malheiro, Abílio	Individual	7:24:25
40	Silva, Marco	All About	7:24:26
41	Abreu, Nuno	Individual	7:26:23
42	Alves, Paulo	Individual	7:34:05
43	Guimarães, Alberto	Individual	7:37:08
44	Fernandes, Antonio	Individual	8:16:19
45	Malhão, João	Individual	8:34:58
46	Costa, Paulo	Individual	8:53:05
47	Franco, Antonio	Os Finos	8:53:40
48	Maia, Carlos	Os Finos	8:53:40
49	Oliveira, António	Os Finos	8:53:41
50	Soares, Paulo	Individual	9:01:03

Senior feminino trail

P.Cat.	Nome	Clube	Tempo
1	CARVALHO, ELISABETE	TROCOPASSO RUNNERS	5:56:31
2	Rosa, Marta	Addicted to trail	6:15:29
3	Lage, Paula	Individual	6:16:30
4	Campos, Raquel	Shots International Runners	6:26:11
5	Craveiro, Blandina	Addicted to trail	6:35:18
6	Neta, Susana	Individual	7:02:43
7	Silva, Liliana	Rainha Club	7:24:28
8	Pedro, Margarida	Individual	7:35:24
9	Monteiro, Carla	Individual	7:37:08
10	Vieira, Vania	Individual	7:42:20

11	Freitas, Cristina	Melres Trail Running - Ordem para Arriar	8:02:04
12	SOUSA, JOANA	Individual	8:16:19
13	Andrade, Raquel	Individual	8:16:22
14	Rosa, Ana	Addicted to trail	8:52:07
15	Marques, Ana	FASTaoprato	8:58:51
16	Figueiroa, Margarida	Individual	9:01:04

Senior masculino trail

P.Cat.	Nome	Clube	Tempo
	1 Moreira, Bruno	Amigos do Pedal Trail de Lagares	4:20:05
	2 Pinto, Pedro	Individual	4:39:32
	3 Ferreira, Marco	DAR - Desportivo Atlético Recardaes	4:43:49
	4 Aragão, Tiago	CTAD – Trilhos de Cinfães	4:45:28
	5 Vieira, Carlos	Individual	4:47:00
	6 Marques, Nuno	Poteeentes	4:52:01
	7 Santos, Tiago	DAR - Desportivo Atlético Recardaes	4:53:51
	8 Borges, João	Addicted to trail	4:54:06
	9 Tavares, Paulo	Individual	4:55:59
	10 Ramos, Carlos	Individual	5:02:20
	11 Freitas, Joaquim	Grupo Dramático e Recreativo da Retorta	5:02:35
	12 Silva, Adelino	LOBA.pt	5:05:05
	13 Silva, Humberto	LOBA.pt	5:07:47
	14 Domingues, Paulo	Shots International Runners	5:07:58
	15 Rocha, Pedro	Individual	5:08:47
	16 hidalgo, francisco	Individual	5:11:44
	17 jorge, paulo	Individual	5:11:45
	18 Figueiredo, José	Individual	5:19:32
	19 Lopes, Miguel	Addicted to trail	5:20:35
	20 carneiro, Fernando	Nast	5:23:20
	21 Rocha, Ricardo		5:24:35
	22 Lima, Filipe	Individual	5:25:45
	23 Pinheiro, João	Trailistas Eu é que sei	5:30:51
	24 Seabra, Nuno	LOBA.pt	5:30:52
	25 Oliveira, Paulo	Individual	5:31:03
	26 Penedo, Ricardo	Individual	5:31:17
	27 Machado, Paulo	Individual	5:33:51
	28 Sousa, Filipe	Vira Montes	5:34:09
	29 Barbosa, Pedro	Not Run Alone	5:34:44
	30 Brás, Carlos	Nast	5:37:51
	31 Pereira, Rui	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	5:38:10
	32 Alves, Joaquim	Individual	5:38:11
	33 Xará, Jorge	LOBA.pt	5:39:15
	34 Silva, Alberto	Individual	5:42:17
	35 Salvador, Fernando	Paredes Aventura	5:44:53
	36 Barbosa, Jorge	PAREDES AVENTURA	5:44:53
	37 Pecegueiro, Fernando	Individual	5:49:18
	38 PEREIRA, ANTONIO	PORTOCARGO	5:52:00
	39 Escadas, Pedro	Individual	5:53:27
	40 Dinis, João	Individual	5:54:24
	41 Remlgado, Fernando	CCD-Siemens	5:55:57
	42 Fernandes, Jorge	LOBA.pt	5:56:59
	43 Azevedo, Alberto	Individual	6:05:10
	44 Correia, Ricardo	Addicted to trail	6:10:43
	45 Alves, Miguel	Uma Vez Perdi-me no Monte	6:12:47

46	Gonçalves, Joaquim	Individual	6:12:48
47	Abreu, Nuno	Individual	6:13:13
48	Quelhas, Manuel	Paredes Aventura	6:16:30
49	Rodrigues, Paulo	Individual	6:18:38
50	Santos, André	Rainha Club	6:18:43
51	Teixeira, Hugo	Individual	6:21:41
52	Escadas, Marco	Individual	6:21:41
53	CARVALHO, SÉRGIO	Individual	6:23:32
54	Cardoso, Germano	Individual	6:23:34
55	Rocha, Helder	Individual	6:23:59
56	Vidal, José	Individual	6:24:00
57	Mendes, Manuel	Rainha Club	6:25:07
58	Lages, Telmo	Individual	6:25:09
59	Azevedo, Carlos	Individual	6:26:09
60	Henriques, Ricardo	Shots International Runners	6:26:12
61	Dias, Marco	Individual	6:26:14
62	Oliveira, Mário	Shots International Runners	6:26:14
63	sousa, jose	Individual	6:26:57
64	Gonçalves, Nuno	Individual	6:29:19
65	Gonçalves, João	Individual	6:31:38
66	Magalhães, Carlos	Umaaventuraem.com	6:33:27
67	Gonçalves, Pedro	Individual	6:49:29
68	Oliveira, André	ANDRÉ OLIVEIRA	6:51:51
69	Pereira, Pedro	Individual	6:51:54
70	Neves, Fausto	Individual	6:52:01
71	Silva, José	Individual	6:55:40
72	Borges, Tiago	Individual	6:59:20
73	Santos, Geraldo	Individual	7:06:16
74	Fernandes, João	Individual	7:06:32
75	Rocha, Luis	Individual	7:06:59
76	Pinto, Nuno	Umaaventuraem.com	7:14:30
77	Jesus, José	Individual	7:16:24
78	Vidal, Sérgio	Individual	7:18:33
79	Ferreira, Nuno	CCD-Siemens	7:21:32
80	Martins, Rui	All About	7:24:22
81	Gomes, Francisco	Shots International Runners	7:24:27
82	RAINHO, EURICO	Individual	7:26:23
83	RAMALHÃO, DANIEL	PORTOCARGO	7:26:41
84	Fernandes, Joao	Individual	7:26:51
85	EUSÉBIO, PAULO	DESPORTONOLIMITE	7:27:16
86	Silva, Márcio	Individual	7:27:17
87	BAOBOSA, JORGE	DESPORTONOLIMITE	7:27:54
88	Terêncio, Luis	Individual	7:28:01
89	Magalhães, Pedro	Individual	7:28:31
90	Mendonça, Telmo	Individual	7:29:07
91	Bessa, José	Individual	7:32:37
92	Sousa, Ricardo	Individual	7:35:15
93	Carvalho, Renato	Individual	7:35:16
94	Cunha, Tomas	Individual	7:39:15
95	Oliveira, João	PRT/AD Quinta	7:41:24
96	Reis, Ricardo	Individual	7:41:28
97	Carvalho, Rodolfo	Individual	7:53:21
98	Santos, Acácio	Individual	7:53:22
99	Gomes, Celestino	Individual	8:01:21
100	Serra, Paulo	Individual	8:08:08
101	Moura, Bruno	Individual	8:16:20

102 Pinheiro, António
103 Queirós, Luís

Team Duas Faces
Individual

8:32:13
8:37:34